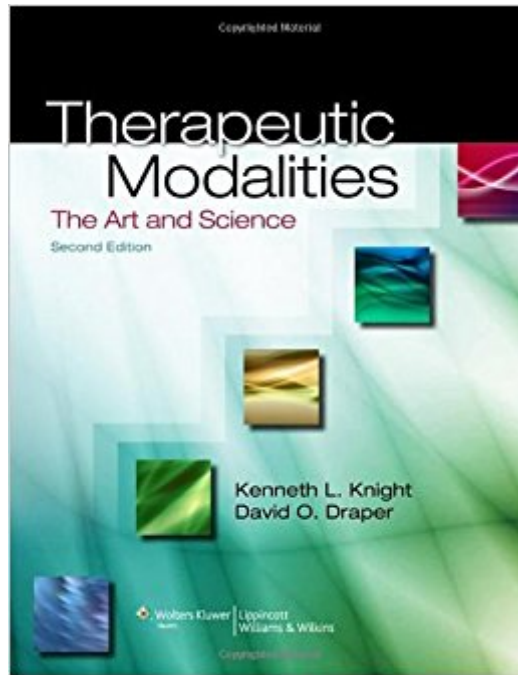




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Therapeutic Modalities: The Art And Science



Synopsis

Authored by two leading researchers in the athletic training field, the Second Edition of *Therapeutic Modalities: The Art and Science* provides the knowledge needed to evaluate and select the most appropriate modalities to treat injuries. The authors use an informal, student-friendly writing style to hold students' interest and help them grasp difficult concepts. The unique approach of the text teaches aspiring clinicians both the how and the why of therapeutic modality use, training them to be decision-making professionals rather than simply technicians. The Second Edition is revised and expanded to include the latest research in therapeutic modalities. New material has been added on evidence-based practice, and other areas, such as pain treatment, are significantly expanded. It retains the successful format of providing the necessary background information on the modalities, followed by the authors' "5-Step Application Procedure." New photos, illustrations, and case studies have also been added.

Book Information

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Customer Reviews

I love this book! Everything is explained clearly and logically. This book helped me a lot while preparing for NPTE exam. It gives the idea of how to use and integrate different types of modalities and describes very well the inflammation process. Must have this book!

good

Book in good condition

Good Condition

This book is a must have for any health professional or student who employs soft tissue therapy as a treatment or rehab method. Goes over in detail the when, where, how, and why in depth while still being an easy read

The book is very easy to read. Authors did an excellent job. I especially like the use of tables as a quick reference point when I need now and in the future.

Amazing! Easy read! Rationale is given for most theories/concepts unlike most other books that simply state the theories or applications without a scientific explanation for what's going on.

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